

HYC Dinghy Learn To Sail 1

Objective

By the end of this course, you will be able to rig the boat and sail the boat in light wind conditions with assistance from your instructor.

Goals

- Launch and recover from the Slipway.
- Basic rigging and setting up our boat.
- Being able to turn the boat through the wind (tack).
- Be able to sail across the wind (reach)

Training outline

The course will take place over three consecutive days. Sessions will be run in Laser Picos. There will be 8 sailors and 2 instructors in each group. The majority of the training will be on the water, but there will be elements of theory and on shore drills.



Schedule

Learn To Sail 1 Dinghy courses are delivered over 3 full days (09:30 – 16:30). The current courses are scheduled as follows.

- May 2nd – 4th
- May 30th – June 1st

Additional courses can be made available upon request.



Cost

Each course will cost €295.

Group bookings of 4 or more will receive a discount of 10%.

Cancellations

If HYC is forced to cancel a session, we will reschedule it at the next available opportunity.

Early advance notice will be given as soon as possible but there will be days when HYC makes a decision for safety reasons at the last minute.

What's Next?

Join us on our Thursday evening dinghy practice sessions. Scheduled every Thursday evening from 18:00 – 20:30.

If you would like any additional information about purchasing your own dinghy, please contact sailing@hyc.ie

