



HYC Keelboat Race Training

Objective

To give HYC members a chance to learn and develop their racing skills on the J80 keelboats

Training outline

Each session will be based on a pre-set topic i.e main sail trim.

Sessions will start with a short class room session to go through the theory side of the topic.

The rest of the session will be spent doing on the water exercises to consolidate the objectives.

At the end of each session there will be an opportunity for questions.

Any of the presentations will be sent to all participants after the session to be used as an extra learning material.



Cost

Each session will cost €40 and are all individually bookable.

Schedule

Sessions take place on Sundays from 10:00 – 13:00 and will be taking place on:

- April 27th - Starts
- May 4th - Rules
- May 11th - Main Sail Trim
- May 18th - Jib Trim
- May 25th - Spinnakers
- June - 8th Strategy & Tactics

Cancelations

If HYC is forced to cancel a session, we will reschedule it at the next available opportunity.

Early advance notice will be given as soon as possible but there will be days when HYC makes a decision for safety reasons at the last minute.

