

HYC Squib Class Training Days.

Objective

To improve the overall standard of Squib sailing in HYC.

Goals

- Improve Starting techniques.
- Explore basic racing tactics and strategies.
- Mark Roundings
- Spinnaker
- Fine tuning our Squib.

Schedule

There will be 3 sessions ran throughout the summer. Sessions will be ran on Saturday mornings before Club Racing. The dates for the sessions will be:

- May 11th
- June 8th
- July 13th



Training outline

Sessions will be a mix of onshore theory and on the water exercises to improve our boat handling skills. We can have a maximum of 8 Squibs for each session. There will be 1 instructor delivering the session, with the help of 1 or 2 experienced squib sailors.

Cost

Each session will cost a nominal fee of €20 per boat to cover the cost of rib usage and fuel. Sessions will be bookable via My Club Account (INSERT LINK). It is important to book early to help the coach plan the sessions. If you are not able to attend, please let Matthew know.

Cancelations

If HYC is forced to cancel an on the water session due to adverse weather conditions, the coach will run a theory session on shore.

Early advance notice will be given as soon as possible but there will be days when HYC makes a decision for safety reasons at the last minute.

What's Next?

Continue to participate in club racing and try to put what you've learned to use.

Do your best to attend the Squib Regional events and the Nationals which will be held in HYC.

