

HYC Dinghy Training

Objective

To give HYC members an opportunity to upskill their dinghy sailing skills so that they can confidentially charter a club Pico and participate in Thursday evening Dinghy racing in light to medium breeze.

Goals

- Launching and recovering from the Slipway.
- Basic rigging and setting up our boat.
- Being able to start a race.
- Be able to get around a racecourse.

Schedule

There will be 5 4-week training blocks of training on Sunday afternoons (13:30 – 16:30). The first block of training will start on April 7th.



Training outline

Sessions will primarily take place on the water and will consist of exercises to improve boat handling. There will be a group of 8 Picos and 2 instructors on the water.

There will be a couple of land drills and a small bit of theory that will be covered on land to help improve our knowledge.



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Cost

The 4 sessions can be booked for €160, if paid in advance. The advance booking price makes it easier to manage and plan sessions, but also ensures a spot for each individual.

Sailors confirm by Wednesday into the WhatsApp Group, in advance of each session if attending. Any free spaces can then be offered as individual sessions for €50 to other sailors in the wider group.

The cost includes the cost of chartering the boat for the 4 sessions.



Cancelations

If HYC is forced to cancel an on the water session due to adverse weather conditions, the coach will run a theory session on shore.

Early advance notice will be given as soon as possible but there will be days when HYC makes a decision for safety reasons at the last minute.

Dates

Series 1	Series 2
April 7 th	May 5 th
April 14 th	May 12 th
April 21 st	May 19 th
April 28 th	June 2 nd

Series 3	Series 4
June 9 th	July 7 th
June 16 th	July 14 th
June 23 rd	July 21 st
June 30 th	July 28 th

Series 5	
August 4 th	August 18 th
August 11 th	August 25 th

What's Next?

Join us in our Thursday evening dinghy racing. First gun is 19:00. The club Picos will be available in the evening for charter, subject to weather.

Join our Crew Group, there is a strong possibility that there will be demand for crew in the new Melges 15s

Buy your own dinghy and sail when it suits you. If you would like advice on purchasing your own dinghy, contact

Matthew@hyc.ie

