

## **Sailing Instructions**

### **1 RULES**

1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.

### **2. CHANGES TO SAILING INSTRUCTIONS**

2.1 Any change to the sailing instructions will be posted before 10.00 on 7th April except that any change to the schedule of races will be posted by 20.00 on the day before it will take effect.

2.2 Not used.

### **3 COMMUNICATIONS WITH COMPETITORS**

3.1 Notices to competitors will be posted on the official notice board located inside the gate in the archway.

3.2 The race office is located beside the Marina office.

3.3 Not used.

3.4 Not used.

3.5 Not used.

### **4. CODE OF CONDUCT**

4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

4.2 Not used.

### **5 SIGNALS MADE ASHORE**

5.1 Signals made ashore will be displayed at the top of the entrance to the Marina.

5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.

5.3 [DP] Flag D with one sound means 'Boats shall not leave the slipway until this signal is made'. The warning signal will not be made before the scheduled time or less than 45 minutes after flag D is displayed.'

### **6 SCHEDULE OF RACES**

6.1 Three races are scheduled. One race shall constitute a series.

6.2 Not used.

6.3 The scheduled time of the warning signal for the first race is 12.00.

6.4 Not used.

6.5 No warning signal will be made after 1530.

## **7 CLASS FLAGS**

7.1 The Class flag is the International Flag "O" Optimist Class Flag.

## **8 RACING AREA**

8.1 The race area for the Main Fleet will be west of Howth Harbour and may be one mile from the harbour entrance.

## **9 COURSES**

9.1 The Fleet will race an outer loop of a Carantec Course. The rounding order, which will be signalled by Committee Boat no later than the Warning Signal, will be as follows (See Appendix 1 for course diagram):

<b>Signal</b>	<b>Mark Rounding Order</b>
1	Start – 1 – 2 – 3p – 4 – Finish
2	Start – 1 – 2 – 3s/3p – 2 – 3p – 4 – Finish

9.2 Not used.

9.3 Not used.

9.4 Not used.

## **10 MARKS**

10.1 Marks 1, 2, 3 & 4 will be orange spherical marks unless otherwise advised.

10.2 Starting mark will be black and finishing mark will be yellow unless otherwise advised.

## **11 NOT USED**

## **12 THE START**

12.1 Not used.

12.2 Not used.

12.3 The starting line will be between red and white pole on the Committee Boat and the black buoy at the pin end.

12.4 Not used.

12.5 Not used.

12.6 Not used.

12.7 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

### **13 NOT USED**

### **14 THE FINISH**

14.1 The finishing line is between the red and white pole on the committee boat at the starboard end and a yellow buoy at the port end.

14.2 Not used.

### **15 NOT USED**

### **16 TIME LIMITS**

16.1 After the leading boats have finished a race, the Race Committee may offer finishing positions to boats which have not yet finished, starting at the back of the fleet. This changes Rules A4 and A5.

16.2 Not used.

16.3 Not used.

16.4 Not used.

### **17 HEARING REQUESTS**

17.1 The protest time limit is 60 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the online official notice board.

17.2 Hearing request forms are available from the race office beside the Marina Office.

17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held

in the protest room (The Library), located at on the top floor of the Club House beginning at the time posted.

17.4 Not used.

17.5 Not used.

17.6 Not used.

## **18 SCORING**

18.1 Not used.

18.2 Not used.

18.3 Not used.

18.4 A boat's series score is the total of her race scores. No discard will apply.

18.5 Not used.

18.6 Not used.

## **19 SAFETY REGULATIONS**

19.1 Wrist bands will be issued to each sailor which will have to be checked back in on reaching the slipway.

19.2 Competitors shall wear adequate personal flotation devices, properly secured at all times when afloat except briefly while changing or adjusting personal equipment. Wet suits and dry suits are not personal flotation devices.

19.3 The organising Authority may stop a boat launching or require it to return ashore, if it considers the boat, its equipment or crew are not adequately equipped for the likely conditions or for any other reasons. The decision is final and shall not be grounds for redress.

19.4 Competitors in difficulty shall obey any instruction given by a rescue boat crew.

19.5 A boat that retires from a race shall notify a rescue boat immediately.

19.6 After a sailor comes ashore, he or she must return their numbered wrist/arm band promptly to the tally board supervisors. It is the responsibility of each boat to return their numbered wrist/arm band promptly on coming ashore. Failure to return the required wrist/arm band promptly on coming ashore may result in disqualification.

## **20 NOT USED**

**21 NOT USED**

**22 NOT USED**

**23 NOT USED**

## **24 SUPPORT BOATS**

24.1 Support boats shall register with the race committee at registration time.

24.2 Coaches and other support personnel shall not encroach on the racing area from the time of the preparatory signal until all boats have finished or the race committee signals a postponement, general recall or abandonment or requests the assistance of support boats in rescue operation.

24.3 Not Used.

## **25 TRASH DISPOSAL**

25.1 Trash may be placed aboard official vessels.

**26 NOT USED**

**27 NOT USED**

**28 NOT USED**

## **29 PRIZES**

29.1 Prizes will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> and all participants will receive an Easter Egg at the Brassed-Off Cup 2023.

## **30 RISK STATEMENT**

30.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

## **31 INSURANCE**

31.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €3 million per incident or the equivalent.

**Appendix 1 – Course**

