COVID-19 Special Protocols for Optimist Leinsters 2021

For the health, safety and wellbeing of everyone involved in the event, the following special protocols are being adopted. Competitors, parents, coaches and event officials must fully comply with these Special Protocols.

It is highly recommended that everyone attending the event, for any reason, completes Sport Ireland's COVID-19 course https://www.sportireland.ie/covid19/course. It is also highly recommended that you download the official Government COVID Tracker app.

Registration and declarations

All registration and declarations will take place online. No paper forms will be accepted.

For sailors to register, the following forms need to be submitted (these will be uploaded asap to the Optimist Leinsters section at https://www.hyc.ie/open-events).

- 1. Event Covid Declaration form
- 2. Measurement self-declaration form
- 3. Consent form

Please note there is now an alternative option to complete these forms online. See the event website. Just complete the forms online and download a copy for yourself. Finish the process completely and the online form is submitted to us automatically on completion.

The Event Covid Declaration form will include a stipulation that any sailor who has been outside the country in the 14 days prior to the event (i.e. on or since the 19th June) may not attend/compete in the event.

Upon return of these three forms to the event email address (or online) prior to Thursday 1st July 2021, tally numbers will be allocated and published on the Optimist Leinsters section at https://www.hyc.ie/open-events (from here on, this is referred to as the event website).

Sailors should check their tally number before arrival at the event. The sailor will be required to go to the Race Office for registration and give their name and tally number to receive their sail ribbon and stickers.

Coaches should also register online for RIB registration and sailor names, and complete a Covid declaration. All forms / links will be available on the event website.

Race office & Notices to Competitors

In order to minimise contact, access to the Race Office will be restricted. There will be no physical Noticeboard at the Championships. Any notices and amendments to the Sailing Instructions will be posted on the event website.

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We have set up a broadcast-only Whatsapp group for competitors, coaches and parents, where any official announcements or notices will be posted. You can join this WhatsApp Group here.

Protests & Jury Notices

Protest Time Limits, Protest Schedules, Rule 42 penalties and Protest Committee notices will all be posted here.

The same link can be used for lodging a Protest or for submitting a Scoring Inquiry.

Measurement

There will be no pre-regatta measurement. There may be random inspections by Technical Officers during the course of the Regatta as permitted by the NOR and SIs.

Competitors arriving/departing site during the event

An area for the event will be designated within HYC grounds. This will be fenced off. Entry to this area during the event will be restricted to competitors, registered coaches and the event team.

Competitors are to be dropped by a single parent/guardian at the gate to the event area. Parents/guardians are not allowed to enter the event area. The same will apply for collections. The return of the fleet ashore will be posted on the event Whatsapp group.

Dinghy Park, Launch & Recovery

- Face coverings for sailors are highly recommended ashore until called for launching and once back in your space.
- Each competitor will be allocated a designated space/pod. Your boat must be
 parked in your designated space for the duration of the event, and you must
 complete rigging and store all gear within your designated space.
- You must remain in your designated space until called forward for launching.
- Wash down facilities will not be available.
- We will operate a self-tally system where each sailor will take/replace their own tally at the board. Tallies will be checked at the board and again checked on launch.
- Changing rooms will be closed for the duration of the event. Please arrive dressed
 to go sailing and plan to leave the venue once derigged. Toilet facilities will be
 available adjacent to the Club's Changing Rooms. Please go straight to/from the
 toilets and the event area do not linger in other areas of the Club.
- Please follow the beachmaster and other event officials' instructions at all times.

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Coach boats

• In order to stay within Government legislation and guidelines, we must minimise the number of support boats at the event. Coaches are asked to maximise the number of sailors supported, as numbers may be limited. Coaches must register in advance. Non-coach support boats/spectators cannot attend.

Coach briefings to sailors

• Any briefings by coaches must be held outside, socially distant from each other and other groups.

Catering & bar

- There will be no catering available for competitors or coaches at the event due to COVID-19 restrictions.
- There will be access for parents/families to the HYC facilities for outdoor bar and dining, subject to Covid restrictions. Details of this will be in the Event Information Guide which will be posted on https://www.hyc.ie/open-events. Parents may be required to sign a Covid declaration in order to enter Howth Yacht Club.

Prizegiving

 Prizegivings will be modified to reflect COVID-19 guidance. Overall prize winners will be published and only these competitors and their parents should attend the final prizegiving. Prizes will be picked up from the table by prize winners and not presented.

If you feel unwell

In line with Government guidance, if you feel unwell prior to arrival on site, please do not attend the venue. If you become unwell with COVID-like symptoms while ashore at the venue, self-isolate in the race office/junior room and notify any event official. If you become unwell afloat, notify any official boat and inform them you have COVID-like symptoms. You will be asked to remain in your boat, subject to usual safety considerations, until brought ashore.