



**Sunday Coaching
Cara Na Mara/Regatta Fleet
9.30am - 12.30am**

Cost:

5 sessions at €130 per person

Eligible:

Cara Na Mara - Dolphins 8/9 year olds and Orcas 9/10 year olds (Sailing in Picos).

Just two groups of 6 in each group (12)

Sailors who have completed Start Sailing and Basic Skills (Optimists). Just two groups of 6 in each group (12)

Optimist Boat charter available but limited - cost is €50 for 5 weeks.

Dates & times (9.30-12.30)

Sunday 6th September

Sunday 13th September

Sunday 20th September

Sunday 27th September

Sunday 4th October*

*Start/Finish Time may be changed due to club event, we will confirm closer to date.

To book email office@hyc.ie or call 01-8322141 during office hours